

# SNEHA SHARMA

JUNIOR RESIDENT DOCTOR

## 👤 Profile

Dynamic and dedicated medical professional with expertise in managing severe mental disorders, finished M.D. in Psychiatry at the Central Institute of Psychiatry. Possessing a robust educational background and an MBBS degree, along with significant clinical exposure. Proficient in psychological evaluation, diagnosis, and treatment with a strong emphasis on effective communication. Committed to advancing knowledge in women's mental health and child psychiatry, aiming to deliver compassionate and high-quality care to diverse patient populations. Multilingual capabilities enhance the ability to connect with patients from various backgrounds, ensuring comprehensive support and understanding.

## 🏢 Employment History

### Junior Resident Doctor at Central Institute of Psychiatry

February 2022 — February 2025

In the role of Junior Resident Doctor, responsibilities include providing comprehensive psychiatric evaluations and managing treatment plans for patients with various mental health conditions. The experience includes active participation in multidisciplinary team meetings to discuss patient progress and adjust treatments as necessary. Managed extensive OPD with huge patient flow of over 400 per day. Skills in psychological assessment and therapeutic techniques are utilized to ensure optimal patient care. - Conducted thorough psychological assessments and evaluations. - Collaborated with senior psychiatrists in developing treatment recommendations. - Engaged in patient education and support to foster recovery. - Assisted in research projects focused on mental health outcomes. Experienced in Telepsychiatry.

## 🎓 Education

### M.D., CENTRAL INSTITUTE OF PSYCHIATRY

February 2022 — January 2025

### MBBS, MANIPAL COLLEGE OF MEDICAL SCIENCES

October 2013 — September 2019

## 👥 Internships

### INTERN at MANIPAL COLLEGE OF MEDICAL SCIENCES, Pokhara

August 2018 — September 2019

## Details

PATIALA

INDIA

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## Skills

Psychological Evaluation

Mental Health

Patient Education

Therapeutic Techniques

Multidisciplinary

Collaboration

Compassionate Care

In Patient Treatment

Out Patient Treatment

Tele Psychiatry

## Languages

HINDI

ENGLISH

PUNJABI

NEPALI