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# KAVYA TYAGI

## CLINICAL PSYCHOLOGIST



Ghaziabad, 201010, India



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CRR NO:

A102805

### EDUCATION

#### PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY

IIS University / Jaipur / 2024

#### MASTER OF ARTS IN PSYCHOLOGY

IIS University / Jaipur / 2021

#### BACHELOR OF ARTS

Sharda University / Greater Noida /  
2018

### LANGUAGES

English



Hindi



### CASE PRESENTATION

#### EFFECTIVE TREATMENT PLAN FOR INTERPERSONAL CONFLICT BETWEEN SIBLINGS

Sep 2024 / Indore

With a solid year of hands-on experience gained through clinical rotations during my professional training, I am well-versed in addressing a range of mental health issues. My expertise encompasses the treatment of patients suffering from depression, psychosis, anxiety, interpersonal conflicts, and substance abuse. I have a proven track record of assessing patient needs and delivering appropriate care with compassion and efficacy. My clinical background equips me with the critical skills necessary to make a positive impact in the lives of those struggling with mental health challenges.

### SKILLS

#### THERAPY

- Cognitive Behavioural Therapy (CBT)
- Problem Solving
- Mindfulness-Based Cognitive Therapy (MBCT)
- Inter-personal Therapy
- Anger Management
- Motivational Enhancement Therapy (MET)
- Behaviour Therapy
- Grief Therapy
- Rational emotive behaviour therapy (REBT)

#### TEST

- Rorschach
- Thematic Apperception Test (TAT)
- Children Apperception Test (CAT)
- Binet Kamat Test (BKT)
- Post Graduate Intelligence Battery for Brain Dysfunction (PGIBBD)

### WORK EXPERIENCE

J.K.G  
International  
School

Feb 2022 -  
Aug 2023  
Ghaziabad

#### SCHOOL COUNSELER

- Delivered expert guidance to educators on student behavioural management.
- Facilitated dynamic workshops focused on time and anger management strategies.
- Offered specialized career counselling services to assist individuals in professional development.
- Provided comprehensive mental health counselling during Mental Health Awareness events.