

CURRICULUM VITAE

Ms. AMAN GOURI

D.O.B: 13/12/89

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WORK EXPERIENCE

**ARCADIA CLINIC: Center for psycho-diagnostics
& psychotherapy, Bhopal Madhya Pradesh (M.P)**

Oct 2018 -Present

Consultant Clinical Psychologist

Clinical work and responsibilities include: Psychological assessment (psycho-diagnostics, intelligence testing, personality testing & assessment of children) and psychotherapy for all major psychiatric disorders including childhood disorders, group therapy, therapy for addiction disorder, couple therapy and online counselling.

Serenity Clinic, Vasant Kunj, Delhi

April 2018 – Present

Consultant Clinical Psychologist (Part time since April 2019)

Clinical work and responsibilities include: Psychological assessment (psycho-diagnostics, intelligence testing, personality testing & assessment of children) and psychotherapy for psychiatric disorders and childhood disorders.

**Cosmos Intitute of Mental Health &
Behavioural Sciences (CIMBS),
Delhi Psychiatry Centre (DPC)**

Jan 2018 – March 2018

Consultant Clinical Psychologist

Clinical work and responsibilities include: Psychotherapy and psycho-diagnostic testing including neuropsychological assessment for Out Patient and Inpatients (short term and long term care) for all major psychiatric disorders.

**Shanti Home Rehabilitation Centre,
Greater Noida (U.P)**

Sep 2017 – Dec 2017

Clinical Psychologist

Clinical work and responsibilities include: Psychotherapy and psycho-diagnostic testing including neuropsychological assessment for inpatients (short term and long term care) and outpatients for all major psychiatric and childhood disorders.

Psychotherapeutic interventions for female children in Government supported Children Home (Child Welfare Committee)

**Cadabams Rehabilitation Center &
Cadabams Hospitals, Bangalore, Karnataka**

July 2015 – Aug 2016

Consultant Clinical Psychologist

Clinical work and responsibilities included: Psycho-diagnostic testing, I.Q assessments, assessment for learning disability and other evaluations for alcohol & substance dependence, psychiatric disorders and children.

Psychotherapy for both long-term and short-term patients for addiction disorders, psychiatric disorders including psychosis, neurotic disorders and personality disorders and other co-morbid conditions. Therapy for children consisted in areas such as developmental disorders, behavioural disorders, learning disabilities and child psychiatry.

EDUCATION

**M.Phil (Masters of Philosophy)
Clinical Psychology**

Aug 2012 — Aug 2014

Kasturba Medical College, Manipal University, Karnataka

Thesis: Influence of Resilience and Optimism on Relapse and Perceived Stigma in patients with Psoriasis

M.A (Masters in Arts)
Clinical Psychology

July 2010 — July 2012

Barkatullah University, Bhopal, Madhya Pradesh

B.A (Bachelor of Arts)
Psychology, English Literature & History

June 2007 — June 2010

Sarojini Naidu Govt. Girls P.G Autonomous College Bhopal, Madhya Pradesh

Higher Secondary School July 2005 — June 2007

Carmel Convent Senior Secondary School, B.H.E.L Bhopal, Madhya Pradesh
Science Stream (Biology, Physics, Chemistry)

High School

July 2000 — June 2005

Carmel Convent Senior Secondary School, B.H.E.L Bhopal, Madhya Pradesh

QUALIFICATIONS

Licensed Mental Health Practitioner under RCI (Rehabilitation Council of India)

CLINICAL TRAINING & WORKSHOPS

Intern - 1st October - 17th October 2013

National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore, Karnataka

Clinical training specializing in Family Therapy with respect to specific approach used in therapies when dealing with family psychopathology.

Intern - 1st October - 15th October 2011

Institute of Mental Health and Hospital (IMHH), Agra, (U.P)

Observation and training in case-based clinical work including psychological assessments with asylum inmates, under the supervision of Clinical Psychologist and other mental health professionals.

Intern - 1st January 2011 - 31st January 2011

Bhopal Memorial Hospital and Research Centre (BMHRC), Bhopal (M.P)

Observed and trained in various Psycho-diagnostic Assessments and clinical case workup with psychiatric patients and participated in other academic programs.

PROFESSIONAL SKILLS

Clinically trained and experienced in a range of **Psychotherapies** for various **Psychiatric Disorders**. Specialized skills include: **Cognitive Behaviour Therapy (CBT)** and **Relaxation Therapies for Anxiety and Mood Disorders** and **Psychological interventions with children (Learning Disorders, Attention Deficit Hyperactivity Disorder and Autism)**.

Area of interest includes Dialectical Behaviour Therapy (DBT) for Depressive and Borderline Personality Disorders & Play Therapy with Children.

Clinically trained and experienced in a range of **Psychological Assessments including Psycho-diagnostics, Neuropsychological assessment, Psychometric tests and IQ assessments.**

Other skills includes, **Psychiatric Rehabilitation for chronically ill psychiatric patients, Neuro-cognitive and Organic disorders. Psychological interventions for Psycho-physiological Diseases such as Psycho-dermatology, Psycho-oncology and other medical conditions requiring psychological assistance.**

CONFERENCES, WORKSHOPS & SEMINARS

Has attended various post-graduate academic programs and workshops:

Neurofeedback Workshop: Organized by Department of Clinical Psychology, Manipal College of Allied Health Sciences (MCOAHS), Manipal University, Karnataka held on 4th December 2012.

Cognitive Rehabilitation Workshop: Organized by Department of Clinical Psychology, Manipal College of Allied Health Sciences (MCOAHS), Manipal University, Karnataka held on 14th and 15th December 2013.

Psychiatry Update 2012: Conducted by Kasturba Medical College, Manipal University, Karnataka from 10th November 2012 to 11th November 2012.

39th National Annual Conference of the Indian Association of Clinical Psychologists (IACP): Conducted by Department of Psychiatry All India Institute of Medical Sciences (AIIMS), New Delhi held on 17th to 20th February.

XXXI Annual National Conference of Indian Society of Professional Social Work on "Challenges and Innovations in Professional Social Work" Conducted by Department of Psychiatry, Kasturba Medical College, Manipal University, Karnataka held on 3rd, 4th and 5th January 2013.

Indian Psychiatric Society South Zone CME - 20 13 "Challenges in Contemporary Practice" Organized by the Department of Psychiatry, Kasturba Medical College, Manipal University, Karnataka held on 23rd & 24th March 2013.